



THE FALLS FOLKUS

THE FALLS ESTATE Village Residents Magazine

A BEGROUP LIFESTYLE VILLAGE

Winter issue 159 June 2016

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Tikipunga
Whangarei 0112
Email: folkus.falls@gmail.com



Hey Guys!
What in the Blue Blazes is going on at The Falls Estate



Check out
The photos
Inside to
Find out.
Can we build it?
Yes we can!
Bob the Builder





OMG! He just took his trousers off



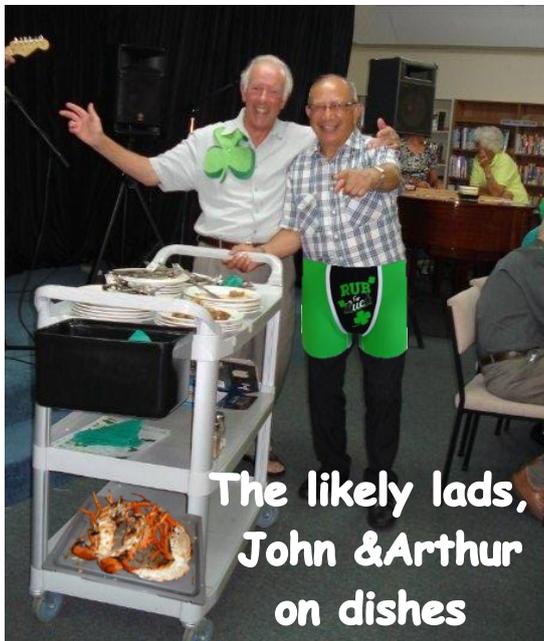
Where did you get that hat. Where did you get that smile



Eddie singing The Rainbow Connection In Irish



Bettisimo Irish Fortune Teller



The likely lads, John & Arthur on dishes





From the Managers Desk

Hello all!

Welcome to Winter! Three months ago I was writing this report and advising you to make the most of the sunshine. Aaahh yes! The “winterless north” has absolutely delivered and we’ve enjoyed magnificent weather over this time. The days are shorter and it’s certainly colder with the odd splatter of rain but the weather gods have been kind to us so far allowing the construction team to stay on track and they are well and truly in full swing!

To all our friends of the village you are more than welcome to pop in at any stage and have a look at the progress.

To our residents I would like to say a big thank-you for your patience throughout the initial setting up of the construction site. A lot of things happened in a very short space of time and it was a lot to take in! In the space of 7 weeks our backyard has been transformed and we can now clearly see where the first stage of our new villas will be. The blokes shed slab is down and I think I even spied a truck with the some pre-nailed frames arriving this week! How exciting!

We’ve now sold 8 of the first stage new villas and we are having record attendance at our open days. We have an open day once a month and for those considering a move to The Falls Estate we have our good friends, Sherry Gibbon and Elke Burling from Harcourts on site to give an update on this very buoyant real estate market. I think you would be very surprised at how much people are being offered for their homes so it’s well worth your while to have an appraisal done.

I would also like to just pass on a huge thank-you to my fabulous team who support me and look after our residents. Everyone brings a slice of madness and humour and we have some seriously good laughs. Rhonda (Admin Manager) & Bob (Maintenance Manager) are constantly challenging each other while Jo (receptionist) and I sit back and giggle at their constant banter and fight for supremacy over “who’s right”!!

Gotta love different personalities!



Please enjoy another great edition of our wonderful magazine and Be Happy, Be Warm and Be Healthy throughout the winter months!!

Kindest regards, Kim



POINTS OF VIEW



Over the fence with Eunice



Whoa! Slow down, Where is the year going?

Shortest Day on the 21st June and we are going to celebrate with a “P” Party Mid Year Xmas Dinner. This is a fun night - grab your ‘dress up garb’ - prizes for the best lady and man’s costume.

Do you ever feel like pulling your hair out, spitting out your teeth, throwing something at the T.V, or shoving the paper in the rubbish bin?

Well I do sometimes, and have come to the conclusion the media revel in pushing the “Doom & Gloom button.

Wouldn’t it be nice to have a front page of the Paper, the T.V, or Radio with something nice that has happened? Wouldn’t the world be a happier place if we had one day a week that the media had to have a “Happy Day News” or “It’s good news week”.

Oops! There I go again “The Impossible Dream”

I forgot to get some ‘Ceramic Stove Top Cleaner’ so substituted with ‘MacLean’s’ toothpaste. Did the job perfectly. NEVER TO OLD TO LEARN.

Heck! Wasn’t expecting you home so soon



Over the fence with G-Dog



The History behind the Gesture



The middle finger is a universally offensive gesture. However, the history behind it is somewhat interesting.

Before the Battle of Agincourt in 1415, the French, anticipating victory over the English, proposed to cut off the middle finger of all captured English soldiers. This wasn't just an odd act of war, it was entirely calculated.

The English used their middle fingers to draw their renowned longbows, so without them, they would be incapable of fighting in the future. The longbow was made from the wood of the native English Yew tree, and the act of drawing the longbow was known as 'plucking the yew' (or 'pluck yew').

The feathers used on the English arrows at Agincourt were goose feathers, which is where the 'bird' reference comes in. In preparation for the invasion of France, Henry V ordered a tax on every farm in England of one goose per month.

Legend tells that the "fletchers" made so many arrows for Henry's army that they had to release prisoners from the Tower of London in order to be able to store the arrows.

This enabled the happy few, 'we band of brothers' to defeat the much larger French army mainly made up of armoured knights. The English arrows could pierce the armour of the French knights – in particular the light armour of their horses.

The English winning the battle of Agincourt was a major upset. They had caught wind of the middle finger plans, so celebrated their win by mocking their enemies by waving their middle fingers at them, saying, "See, we can still pluck yew!" Over time, it seems the consonant of the word has evolved from the 'pl' blend to a more simple one..

So there you have it; the history behind the gesture of frustrated drivers the world over!



This months "Pain in the bum. "thought.



Have you ever tried un-wrapping a sticking plaster with blood spurting from a cut on your hand?

The makers of Sticking plaster are a sadistic bunch of "so in so's" who must gain immense pleasure in packaging sticking plaster so that it is near on impossible to open quickly.

Grandpa's Drink

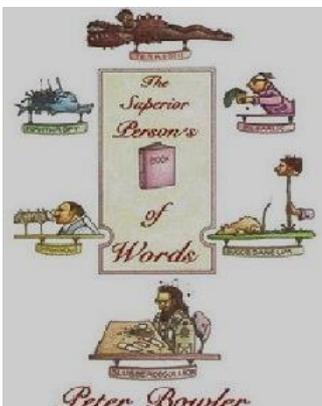


There was a family gathering, with all generations around. Mischievous teenagers put a Viagra tablet into Grandpa's drink, and after a while, Grandpa excused himself, because he had to go to the bathroom.

When he returned, however, his trousers were wet all over. 'What happened, Grandpa?' asked his concerned children. 'Well,' he answered, 'I don't really know. I had to go to the bathroom.

I took it out and started to pee, but then I saw that it wasn't mine, so I put it back!'

Write Proper Like, "you know what I mean"



On numerous occasions I have been brought to order on my peculiar use of the English language. A lovely resident, who shall remain nameless, brought me this wonderful book called

"The Superior Persons Book of Words" by Peter Bowler

The book is great and I feel enlightened and you are bound to see reference to these words throughout this month's Folkus.

To give you an insight into my new found word experience, I am going to share with you my email of thanks to this delightful lady and her reply.

Morning xxxxxxxx

And a really big thank you for "The superior book of words" It has given me Afflatus and you certainly are Belesprit and Bellibone. I must Effleurae you at the next happy hour.

Talk to you soon and thanks

From me who talks Flapdoodle xx

Dearest Flapdoodle

I am glad you experienced more eudemonia in your eugeria. As a self-confessed bibliotaph I love another bibliophile, and share my stash!

Shall be pleased to imbibe some effleurae with you at the hour of eudemonia.

Your XXXXXX

Go on Google it-you will see I'm not talking my usual rot. (Great Words for Scrabble Allie)

The Fires in British Columbia-Canada.

Joan Froggatt's (Apartment 97) brother Bob lives in British Columbia-Canada and this email received is about his son Colin who lives in Fort McMurray, Canada.



Subject: Fire in Alberta

I don't know if you've had any coverage in your news there of the massive forest fire in Ft. McMurray, Alberta. This is in the heart of Canada's oil industry where Colin works. Yesterday afternoon the entire city of 80,000 was put on mandatory evacuation order as the out-of-control fire swept into the city. Colin was working 60 Km away and arrived home to see his neighbourhood disappear under a 100 foot high wall of fire. He has lost everything he owns (including his home and his vehicle) and barely made it out of the city in a friend's vehicle on the only road out to the north. The only other road to the south was blocked by the fire and vehicles stranded on the highway.

Right now, he's somewhere in the wilds about 100 Km north of the city in a spot that is not currently under threat by the fire.

Thank You Joan-Really scary stuff.

The Vacuum Cleaner



After his opp Doug sits around the house all day so one day Mel says, "Doug, you could do something useful, like vacuum the house once a week".

Doug gives it a moment's thought and says, "OK, sure, why not? Show me to the vacuum".

Half an hour later, Doug comes into the kitchen to get some coffee.

Mel says, "I didn't hear the vacuum working. I thought you were using it".

Exasperated, Doug answers, "The bloody thing is broken; it won't start. We need to take it to Kamo mowers for repair".

"Really", she says. "It worked fine last week when I used it. You'd better show me what you are doing".

"Doug, you are a twat" you don't pull start a vacuum cleaner

Short n Sweet

I decided to change calling the bathroom "the John" and renamed it "the Jim". I feel so much better saying "I went to the Jim this morning".



“PROSPERUS” Share Group

Are you interested in learning about shares, and being part of a share group? The village group has been going now for nearly two years, and you are invited to belong too. The group is for people who would like to make use of any spare funds they have which are not really giving them much by way of a return. New members are asked to contribute an entry commitment of \$1,000.00 and thereafter, a minimum of \$50.00 per month.

The value of the portfolio goes up and down daily of course (just look at the NZX pages each day!) so you have to be able to ‘cope’ with this variation to feel comfortable with your investment. By and large, middle-of-the road shares are bought.

The Prosperus Share Group has increased by **40%** in value since we started two years ago. This is very rewarding in every sense. There can, of course, be no guarantee that this will continue as there will always be fluctuations in the stock market.

A copy of the Constitution is available on request.

DO COME AND JOIN IN – LEARN ABOUT SHARES, AND HAVE THE FUN OF SEEING YOUR MONEY INCREASE IN VALUE! Next meeting and AGM is **9.30am Tuesday 7th June 2016** in the village library.

For more information contact, **Kevin Kelly, phone 435 5391** or **Sue Otto, phone 459 1812**



The Kabin

Introducing our wonderful shop staff;

Jean Goodison, Raewyn Bennett, Mel Healey, Patricia May, Mary Johnsen, Jeanette Firman, Ailsa Tiplady



World President of Kabin Corporation: *Jack Percy, CA + GORB*

NZ Group Marketing Manager: *Graham Tiplady, Dip Hons F.O.S*

Store Supervisor: Jean Goodison: *J.T.N.P*

Whangarei Branch Backup Accounts Manager: *Janette Porter, RSL*

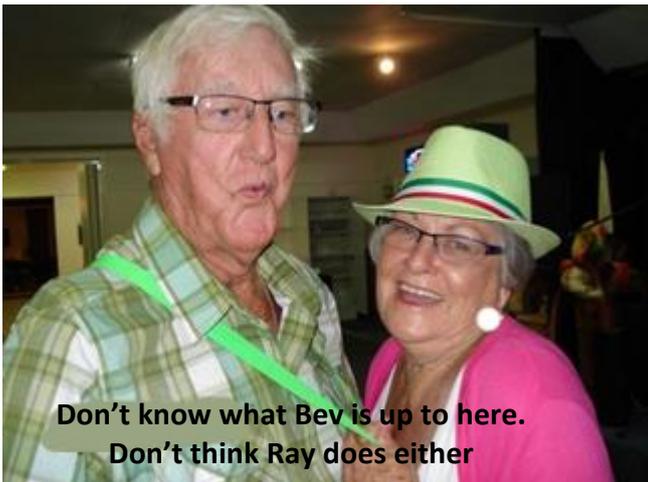
Great staff, Great selection all at Great prices.

Don't feel like cooking tonight, then try one of our *For Get Me Not* award winning Frozen Meals at only **\$8.50 each** and what a variety. (Selection changes regularly)

Roast Beef	Roast Pork	Devil Sausages
Chicken Tikka	Roast Lamb	Lambs Fry & Bacon
Lasagne	Cottage Pie	Roast Chicken
Curried Sausages & Rice	Butter Chicken	Macaroni Cheese
Honey Baked Ham	Spaghetti Bolognese	Irish Stew

CAUGHT ON CAMERA

IN THE VILLAGE



From the Village Master Chef Kitchen

Cauliflower Steak



If you're interested in adding more vegetables to your diet, reducing your carbohydrate intake and trying something new and delicious – how about a cauliflower steak?

They are a healthy and tasty option for lunch or dinner, and can be either the main event, or an inventive side dish. This recipe serves two hungry people.

For the steaks:

- 1 cauliflower
- Olive oil and butter for frying

For the sauce:

- Olive oil
- 8 baby plum tomatoes, diced
- 1 shallot finely diced
- 1/2 tbsp capers
- a small handful of chopped basil
- A small handful of chopped flat-leaf parsley
- 1/4 lemon, juiced

Method:

Heat the oven to 220C, cut into two thick slices from the middle of each cauliflower and keep the rest to eat later.

Heat a little oil and butter in a pan then cook the cauli on both sides until golden. Transfer to a non-stick baking sheet and season. Roast in the oven for 10-15 minutes until tender. To make the sauce, mix all the ingredients with 5 tbsp olive oil and season. Take the steaks from the oven, spoon over the sauce and serve.

**I had a rose named after me and I was very flattered.
But I was not pleased to read the description in the catalogue: -
'No good in a bed, but fine against a wall.'**

- Eleanor Roosevelt



Eila, loves a man in uniform



There is always a glass of wine handy when we chat



Couldn't help noticing, this lady getting her nails painted, has very hairy legs



Life is tough. It's even tougher if you're stupid!!!!

1. I was waiting in the checkout at the local Warehouse with just a few items and the lady behind me put her things on the belt close to mine. I picked up one of those dividers that they keep by the cash register and placed it between our things so they wouldn't get mixed. After the girl had scanned all my items, she picked up the divider, looking it all over for the bar code so she could scan it.

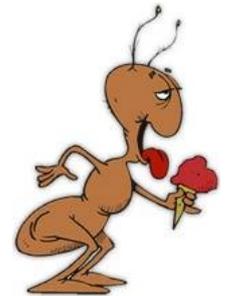


Not finding the bar code, she said to me, "Do you know how much this is?" I said to her "I've changed my mind; I don't think I'll buy that today." She said 'OK' and I paid for the things and left. She had no clue to what had just happened. (But the lady behind me had a big smirk on her face as I left)

2. Recently, I went to McDonald's and I saw on the menu that you could have an order of 6, 9 or 12 Chicken McNuggets. I asked for a half dozen nuggets. 'We don't have half dozen nuggets,' said the teenager at the counter. 'You don't?' I replied. 'We only have six, nine, or twelve,' was the reply.. 'So I can't order half dozen nuggets, but I can order six?' 'That's right.' So I shook my head and ordered six McNuggets (Unbelievable but sadly true...)



3. A mother calls 111 very worried asking the operator if she needs to take her kid to the emergency room, the kid had eaten ants. The operator tells her to give the kid some Benadryl and he should be fine, the mother says, 'I just gave him some ant killer.....' Operator: 'Rush him in to emergency right now!'



Well you have to get it sorted!

An elderly couple, who were both widowed, had been going out with each other for a long time. Urged on by their friends, they decided it was finally time to get married.



Before the wedding, they went out to dinner and had a long conversation regarding how their marriage might work.

They discussed finances, living arrangements and so on.

Finally, the old gentleman decided it was time to broach the subject of their physical relationship.

'How do you feel about sex?' he asked, rather tentatively.

'I would like it infrequently' she replied.

The old gentleman sat quietly for a moment, leaned over towards her and whispered – 'Is that one word or two?'

AND EVEN MORE CAUGHT ON CAMERA



Sheila Beeston won the Mother's Day Raffle



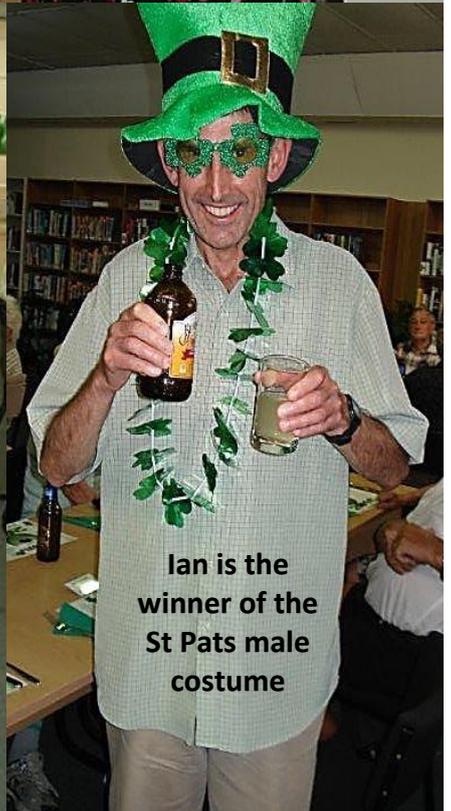
Jo's 6 year old daughter Kayla awarded Kamo Soccer club player of the Day



Who put that "at" on my head?



Jessie is the winner of St Pats female costume



Ian is the winner of the St Pats male costume



Now I ask you. What kind of best friend would remove your testicals?

The Proper way to call someone a Bas**rd

A guy was getting ready to tee off on the first hole when a second golfer approached and asked if he could join him.

The first said that he usually played alone, but agreed to the twosome.

They were even after the first few holes. The second guy said, "We're about evenly matched, how about playing for five bucks a hole?"

The first guy said that he wasn't much for betting, but agreed to the terms.

The second guy won the remaining sixteen holes with ease.

As they were walking off number eighteen, the second guy was busy counting his \$80.00.

He confessed that he was the pro at a neighbouring course and liked to pick on suckers.

The first fellow revealed that he was the Parish Priest.

The pro was flustered and apologetic, offering to return the money.

The Priest said, "You won fair and square and I was foolish to bet with you. You keep your winnings."

The pro said, "Is there anything I can do to make it up to you?"

The Priest said, "Well, you could come to Mass on Sunday and make a donation.

And, if you want to bring your Mother and Father along, I'll marry them...



Guy, Sheryl and Brett putting first spade in the ground celebrating the start of work on the site of the new villas.



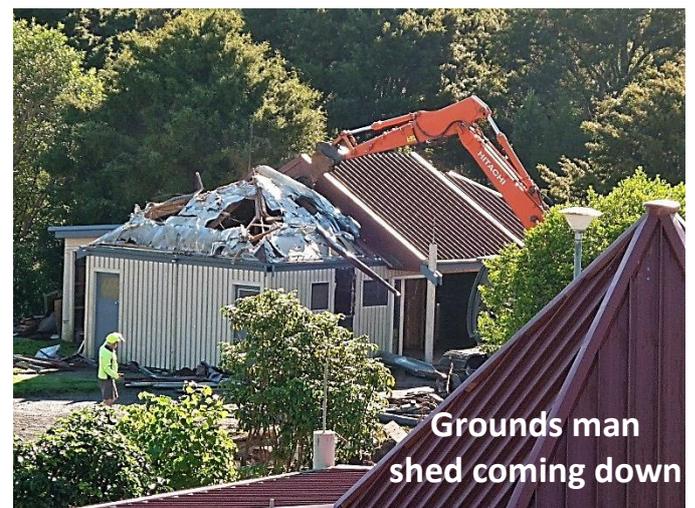
Site works is romping ahead for the new villas



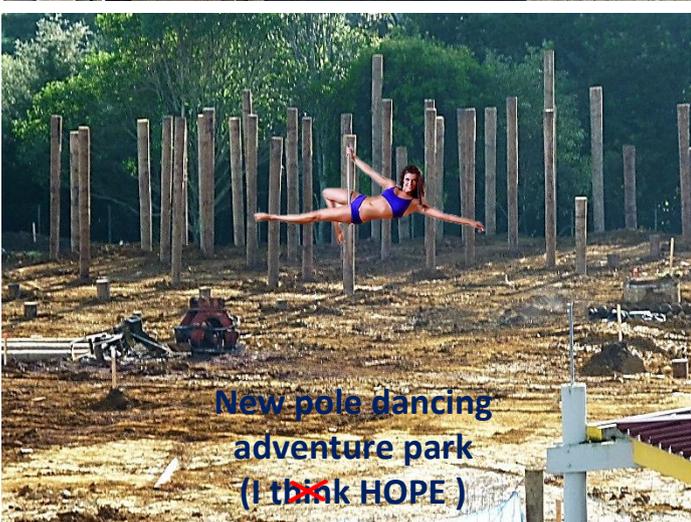
Before



After



Grounds man shed coming down



New pole dancing adventure park (I think HOPE)



Shed nearly gone



Goodbye Mini-golf

What Impacts Your Health Most?

If you want to improve your health, exercise. Regardless of your weight, research has found that exercise has more impact than dieting on people's general health.



Even among people who are obese, those who exercise regularly have a lower death rate than both obese and slender people who do not exercise.

“Recent evidence is telling us that inactivity is a bigger epidemic than obesity, and even in people who are overweight, moving is protective of their health,” sports physician Dr Chris Hanna.

“Fifty per cent of our health status depends on behaviour; whether we move around or whether we sit down, the type of food we eat and the type of sleep we get. Over the last 30 years the average weight of people living on Planet Earth has skyrocketed. More than 25 per cent of the population in New Zealand has a body mass index over 30. It's being called globesity.”

Dr Hanna says that while exercise clearly has a protective effect on the health of obese people, it is also true that they are at slightly higher risk of heart attack when they first begin a new exercise regime, which is why it is important to start gradually.

He says “moderately fit” is at least 150 minutes of rhythmic aerobic activity per week, including walking, cycling and swimming. But people who wish to actually lose weight should do 200-300 minutes of moderate exercise and eat a healthy diet as well.

While this sounds to some like a daunting challenge, activity can be broken up into several short increments. It is also important to note that any activity is better than no activity, so if your activity level is on the low end of the scale, persist and increase in small amounts. Take any opportunity to move. Long term, you will be healthier for it.

Here are a few more benefits for us mature folk from exercising

1. Walking can add minutes to your life. This enables you at 85 years old to spend an additional 5 months in a nursing Home at \$4,000 a month.
2. The advantage of exercising every day is so when you die, they'll say, 'Well, he looks good doesn't he.'
3. One really good reason I would take up walking is so that I could hear heavy breathing again.
4. I joined a Gym last year, spent about 400 bucks. Haven't lost a pound. Apparently you have to go there.



Well done Guys & Gals. Even though we lost to a better team, your fortitude, strength and stamina did us and our village proud.



This year's North Island **LIFESTYLE VILLAGE ARM WRESTLING** final came down to two teams. The Falls Estate and The Puhoi Retirement Village located just north of Auckland. Held at the Puhoi pub in April we took on the best in NZ and apart from a few dislocated shoulders we came away with our heads held high with 16 points. Puhoi village 18 points.

Our Pauline & Mad Mick from Puhoi in the final wrestle

Those Puhoi villagers are legends at Arm Wrestling.



Well done team, hope the shoulders heal soon and we will see you next year in Hokitika.

Whangarei Quarry Gardens & Quail Cafe

Whangarei Quarry Gardens is a community garden project created by volunteers in the forested western hills of Whangarei City. With the ongoing support of Whangarei District Council, Community Employment Groups and many loyal sponsors and friends, the once dilapidated quarry site has become a subtropical oasis for all to enjoy.

Quail Cafe -Quail Cafe showcases the best in coffee, service and fresh, healthy food all in stunning bush surroundings.

Give it a try-you won't be disappointed. Open Wednesdays to Sundays, 37A Russell Rd



Two old Men

Two old men decide they are close to their last days and decide to have a last night on the town.

After a few drinks, they end up at Flora McKenzie's, the madam takes one look at the two old geezers and whispers to her manager, 'go up to the first two bedrooms and put an inflated doll in each bed.

These two are so old and drunk; I'm not wasting two of my girls on them. They won't know the difference.'

The manager does as he is told and the two old men go upstairs and take care of their business. As they are walking home the first man says,

'You know, I think my girl was dead!'

'Dead?' says his friend, 'why do you say that?'

'Well, she never moved or made a sound all the time I was loving her.'

His friend says, 'could be worse i think mine was a witch.'

'A witch ?? . why the hell would you say that?'

'Well, I was making love to her, kissing her on the neck, and I gave her a little bite, then she farted and flew out the window..... Took my teeth with her!'



Therapeutic Benefits of Colouring Books for Adults

Colouring is not just an activity for keeping kids occupied; we only associate it with children. In reality, colouring books and colouring pages for adults are also extremely therapeutic and can help generate wellness, quietness, mindfulness and the exact same benefits which meditation imparts on the brain.

Mandalas are symmetrical patterns and representations having their origins in India. When an adult colours these repetitive patterns, s/he actually experiences mindfulness and even reaches a meditative state. This has even been proven by several scientific studies.

Give colouring in a go, Adult colouring in books available from The Warehouse and all book stores. Just spied a book and pencils for \$15.00 from our For sale stuff in the DVD room.



Here is a Tippy Tip that works

Clean your microwave by heating a cup of water and a chopped-up lemon on high until the microwave's window is steamy. Let the bowl sit for 15 minutes before you open the door, and clean away any grime with ease.



Say Goodbye to the village Golf Course

Well we knew it was gunna happen and it is sad but we can't stand in the way of village progress. Featured below are some of the Sunday golfers on the last day. We were fortunate to have Lydia come along for our final tournament on the village links.



Say hello to our new Sunday afternoon golf

At last we were to get a game of Golf in. Seems like an age since we lost our course to the new construction site.

Ten of us ventured to the 9 hole course up Three Mile Bush Road, loaded with plenty of golf balls, an extra club to hit that little white missile in the right direction. Certainly a bit different from the original here. Big ditches, long grass, lots of trees, uphill and down dale, but beautifully manicured greens, sure put our skills to the test. It was a great afternoon of fun and we are all looking forward to the next round.



One thing that has not changed is the Sunday afternoon drinkies and chat in the BBQ hut and around the Brassier. We get back from golf at around 4.30 and **everybody is most welcome** to join us for a tipples or nine and share some nibbles. BYO drink & BYO Nibbles.



Thursday Supermarket Shopping



Due to a large number of residents wishing to go shopping on a Thursday, we are now running **two** trips to Countdown Tikipunga.

Every Thursday

Trip 1 (as before) Leave 8.45 am
Pick up at 9.45 am
Trip 2 (New) Leave 9.15am
Pick up at 10.45 am

Once we have 9 booked for the first trip, all others will be on the second trip.

Please ignore all the previous flyers, it was just we had to trial all the options.

NOTE: There is no change to our Friday schedule. Leave village at 9.45 for town and church
Pick town people behind Farmers at 11.45 am
Pick up Church people at New World at 12 noon.

PLEASE BOOK YOUR SEAT WITH JO AT LEAST THE DAY BEFORE

Snow in Dublin

On a bitterly cold winter morning an Irish husband and wife in Dublin were listening to the radio during breakfast. They heard the announcer say, "We are going to have 8 to 10 inches of snow today. You must park your car on the even-numbered side of the street, so the snow ploughs can get through." So the good wife went out and moved her car.

A week later while they are eating breakfast again, the radio announcer said, "We are expecting 10 to 12 inches of snow today. You must park your car on the odd-numbered side of the street, so the snow ploughs can get through." The good wife went out and moved her car again.

The next week they are again having breakfast, when the radio announcer says, "We are expecting 12 to 14 inches of snow today. You must park...." Then the electric power went out. The good wife was very upset, and with a worried look on her face she said, "I don't know what to do. Which side of the street do I need to park on so the snow ploughs can get through?"

Then with the love and understanding in his voice that all men who are married to blondes exhibit, the husband replied,

"Why don't you just leave the bloody car in the garage this time."



Nature at its best. (See it at the Quarry Gardens)



Introducing the Ficus auriculata

Common name: Elephants ear fig, Roxburghs fig, or giant red fig.

Native to India, these trees produce flowers and fruit from their woody trunks rather than from new growth and shoots. This allows trees to be pollinated or have their seeds dispersed by Warthogs & Sloths which cannot climb or fly.

I think that is fascinating

24 Hours

Morris returns from the doctor and tells his wife that the doctor has told him that he has only 24 hours to live.

Given the prognosis, Morris asks his wife for a bit of humpty dumpty.

Naturally, she agrees, so they make love.

About 6 hours later, the husband goes to his wife and says,

'Honey, you know I now have only 18 hours to live.

Could we please do it one more time?'

Of course, the wife agrees, and they do it again.

Later, as the man gets into bed, he looks at his watch and realizes that he now has only 8 hours left.

He touches his wife's shoulder and asks,

'Honey, please.... just one more time before I die.'

She says, 'Of course, Dear,' and they make love for the third time.

After this session, the wife rolls over and falls to sleep.

Morris, however, worried about his impending death, tosses and turns until he's down to 4 more hours.

He taps his wife, who rouses. 'Honey, I have only 4 more hours.

Do you think we could...'

At this point the wife sits up and says, 'Listen Morris, enough is enough.

I have to get up in the morning.. **you don't.**



Introducing Phoebe Robertson and the Talented Opera North Choir

In May we were treated to a wonderful concert in the village arranged by Doug & Mel Healey and choir members of Opera North to help raise funds for Phoebe Robertson to travel to Canada to attend the Powell River International Choral Festival.



Phoebe is nearly 17 years old and is in year 12 at Whangarei Girls High School. She began lessons with singing Teacher and Actress Maria Satterfield at 7 years of age, and then Maria suggested she be tutored by Joan Kennaway at age 8.

Phoebe has been singing in the annual Northland Performing Arts Competitions for 7 years. She has received glowing feedback from adjudicators over the years. A highlight was a second place in the overall vocal championship and winning various trophies. She has twice won the Heather Blyth trophy for the highest individual mark for girls 16 years and under.



Phoebe recently passed her grade eight Trinity College singing exams and is this year working towards an advanced certificate.

Last year she achieved an excellence grade for NCEA level –1 Music and first place in the year 11 music department at Whangarei Girls High School. Phoebe is also a keen actor and takes drama as a subject at school.

In 2015, she was offered a place as an alto in the NZ Secondary Students Choir, a two year commitment, and has travelled to a different part of NZ each school holidays for a week long intensive rehearsals. In July this year the choir will travel to Canada to be guests of honour at the Powell River International Choral Festival, a five day event. They will then tour British Columbia with a few selected choirs, to sing their repertoire.



The Opera North Choir on stage at The Falls Estate



Hairy-Harry Bucket and Doris Day



Kate Bradley, Laura Parry Amy Wallace

The multi talented Clare Henderson on the Piano



Phoebe Robertson

Tracy Barrier Wills

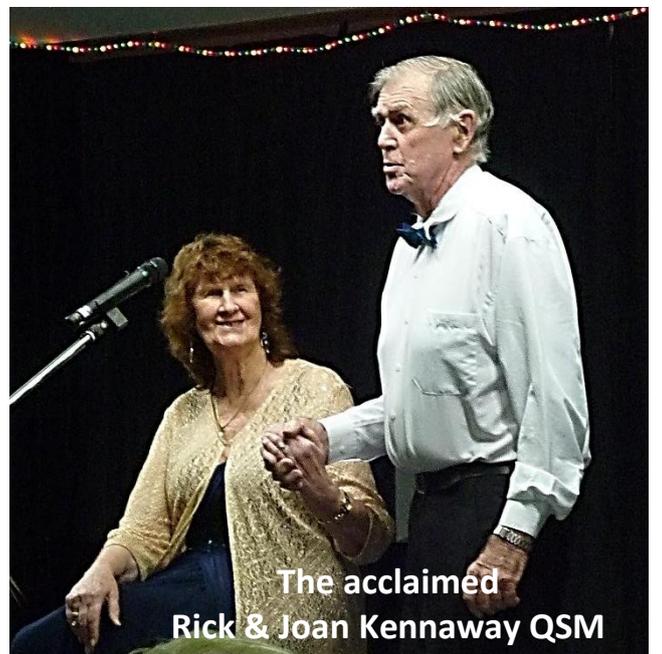


Amy Wallace



A whopping \$1300.00 was raised for Phoebe.

Well done Falls Estate



The acclaimed Rick & Joan Kennaway QSM

From our friend Maggie, at Oakridge Villas in Keri Keri

If WORDSERCH is your thing then here is a great website for word search <http://thewordsearch.com> and its free.

If you haven't a computer, grab someone who has.

They have the best collection of word search puzzles online, with new ones being added regularly.

They are fun to play, but also educational, in fact, many teachers make use of them.

Every puzzle is 100% free to play and you can even go old school and print them to enjoy offline later.



Age Test

You are going to need a computer for this one as well.

Jump on Google www.amentalage.com to see how old you act. Just answer 24 simple questions honestly and you will find out how old you really are. Not one to boast, but my mental age is 21. (Most would think it should be around 7) Great fun, give it a go.



The Demise of the old Oak Tree at villa 11

Well it is really a Palm tree, but you don't tie a yellow ribbon around an old Palm tree do you!

It was dangerous, so down she came, bit by bit.



Here is an actual sign posted at a golf club in Scotland:

- | | |
|-------------------------------|---|
| 1. Back straight, knees bent | 6. Try not to hit anyone. |
| 2. Feet shoulder width apart. | 7. If you are taking too long, let others go ahead of you |
| 3. Form a loose grip | 8. Don't stand directly in front of others. |
| 4. Keep your head down! | 9. Quiet please...while others are preparing. |
| 5. Stay out of the water. | 10. Don't take extra strokes. |

WELL DONE.. NOW, FLUSH THE URINAL, GO OUTSIDE, AND TEE OFF.

“I’ll be Jiggered” a clean joke that is quite funny



An elderly couple return to a Mercedes dealership where the salesman has just sold the car they were interested in to a beautiful, leggy, busty brunette.

"I thought you said you would hold that car till we raised the \$75,000 asking price," said the man. "Yet I just heard you closed the deal for \$65,000 to that lovely young lady there.

You insisted there could be no discount on this model."

"Well, what can I tell you? She had the ready cash and, just look

at her, how could I resist?" replied the grinning salesman.

Just then the young woman approached the aged couple and gave them the keys.

"There you go," she said. "I told you I could get you a better deal.

See you later, grandpa."

Never mess with the elderly!

A Thank you from Joan

Thank-you all so very much for collecting the plastic bottle tops. I would like to give you a break from collecting until further notice.

For those of you who have already got some tops collected I would be more than happy to receive them from you.

Thank-you Joan Towler.



David’s Rain Report

Rain this year has been a lot more than the average despite it being very warm.

Rainfall to the end of April was 668 mm and the 13 year average I have is 497 mm for the same period.

One of my foibles is that I like to keep a record of rainfall and I can tell you how much rain we have had on any particular day during the 14 years we have lived here.

Last year was the driest I have recorded with only 1204.6 mm.

Some of you may be interested in a few facts and figures so here goes:

The 13 year average is 1653.8 mm or in the old measurement 68 inches.

The driest month was in March 2010 with 12 mm

The wettest month was July 2014 with 589.9 mm

The wettest day was 30/31 March 2007 with 295.4 mm.

I take my reading each morning at about 9 am and on the 30th March this year most of the rain fell from 9 am till 3 pm. The swollen river next door was only about 30 cm from the road bridge and completely covered the lookout and the little bridge at the bottom disappeared.

I hope the above is of some interest. David



Can anyone help me out please?



Meet Poppy, I brought her as a present for Mel as a birthday surprise last week.

Sadly it turns out that Mel has an allergy to dogs so it is sad to say she has to go.

Hopefully someone out there will be able to give her a new home.....

Her name is Mel, she is 67, good personality and not a bad cook. Thanks Doug.

Lunch-Time Concert information.

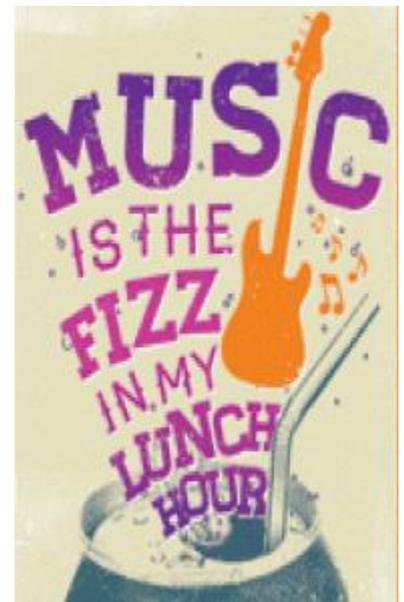
Just to let you all know that I will be away for 60 days! Visiting Europe, family reunions, sight-seeing and having fun.

Have no fear I shall be attending some concerts, so hope to bring back new input and music information for our Lunch-Time Concerts enjoyment.

Graham has generously offered to organise the programs for June. That is the 4th and the 18th of June and July the 2nd. This should be fun and something different.

Do come along and enjoy these very enjoyable events. Starting time will be 10.30 a.m. (No Lunch)

I will be back with a concert on July the 16th and the 30th. Normal times 11.30 until 1pm. Bring your lunch, and don't forget your friends & family are always very welcome, as are you music requests. Ank Mellema ph 459 1812.



From Graham

Ank led me astray on single malts one Happy Hour and cajoled me into doing this We will give it a wack and see how we go.

Starting at 10.30 and finishing at 11.30. My first repertoire will be NZ songs of the past like, The Chicks, Howard Morrison, The Flora McKenzie Sextet, etc, all on the big screen.

I could never replicate the wonderful job Ank does so my lot will be quite different.

If you are brave and want to re-live yesteryear and have a bit of fun, come along.



Two Muslims have crashed a speedboat into the Thames barrier in London.

Police think it might be the start of Ram-a-dam.

ANZAC Day in the Village



Our Master of Ceremonies
June Douglas



Gerald Batchelor, reading the poem
"Memories of Kapyong"



Dennis and Arthur
in all their regalia



Raewyn about to tuck into
her Army Stew lunch



Jillian & Noeline having a wee tippie on ANZAC Day afternoon

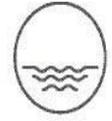
Another moving day of remembrance for ANZAC Day 2016.

The service expertly directed by June Douglas, followed by an army lunch and an afternoon reminiscing around the bar.



Village Expansion Photo Update as at 25/5/2016

Construction is full steam ahead.



THE FALLS ESTATE
A BEGROUP LIFESTYLE VILLAGE

**The Blokes Shed
concrete floor
has been laid**



**The timber framing
for the
Blokes shed
has arrived**



**The first Villa
floors are nearly
ready to have
the concrete
poured.**

Computer Club

For Computer Club Members

We have now completed the email changeover for the majority of Computer Club Members.

Again thank you for your time and patience during this process.



For members and Non-members

Whilst the new email addresses are now working so will the old Falls Estate email addresses until 20/6/2016. Residents will need to update their contacts list well before the 20th June for other residents so that they can receive your emails.

A copy of all residents new email addresses will be in the new resident's phone directory, out shortly.

The computer club is now confident we will now have (thanks to Mr Google) a more secure, less spam and an overall improvement to our email solution.

After visiting all members in the past two weeks, it became apparent that there are a lot of computers infected with malware and adware. These infections slow your computer down to a crawl and spoils your computing pleasure. There are a lot of things you can do to stop these infections and the club will be holding an information afternoon in the lounge shortly to show members how to deal with this growing problem. Handouts will be distributed to help you check your computer when you get home.

BEWARE of the Locky and Crypto Virus

At the moment there are 2 very nasty Virus's going around one is called the Locky Virus and the other is called the Crypto Virus.

These two virus's will show up in your inbox in a normal the email format, the email will say something like here is your invoice, or here is the amount owing as explained and it will have a zipped file attached, sometimes there is no text in the email and it's just a file.

These files want you to open them in Microsoft Word and then they will ask you to enable the macro's to view the invoice.



CLOSE THE FILE IMMEDIATELY. Please DO NOT OPEN THESE EMAILS OR FILES.

- Please make sure you have an external backup of your important data and photos, which is not currently connected to your computer or laptop.
- Please make sure you have a good and secure Internet Security Software.
- Please keep your Internet Security Software up to date.
- Please make sure your Windows Updates are always kept up to date.
- Please remember, if an email attachment is from anyone unknown to you, **DO NOT open it or the attachment. This could contain a virus.**

**All the above points will be covered in our computer club member seminar.
Look in your email inbox for date and time details**

SING SOMETHING SIMPLE.

Sing Something Simple on the 22nd May was the village choir first performance under the baton of Fred Sackfield. A stupendous performance from our talented choir and special thanks to Fred for bringing it all together.



Deserved Praise
Fred



The Sweet voice
of Russell Porter



Doug hits those low
notes to perfection



Uni did her first solo, well done Girl



Starring
The Village people



Thank you to
Lynne Cullen
on the Piano



Full House for the concert
So Bev had to sit on
Dennis & John's Knee

The
"Old Boozy Minstrel's"
warming up the crowd
singing
"Roll out the Barrel"
prior to the
Choir performance
on Sunday



Swimming Pool



Now that winter is nearly upon us we have “hoiked” up the temperature of the pool a tad and cover it each night so that it is all warm and toasty for your morning swim.

That’s Bev Fielding taking the “grandies” for a dip in our heated pool

Texting

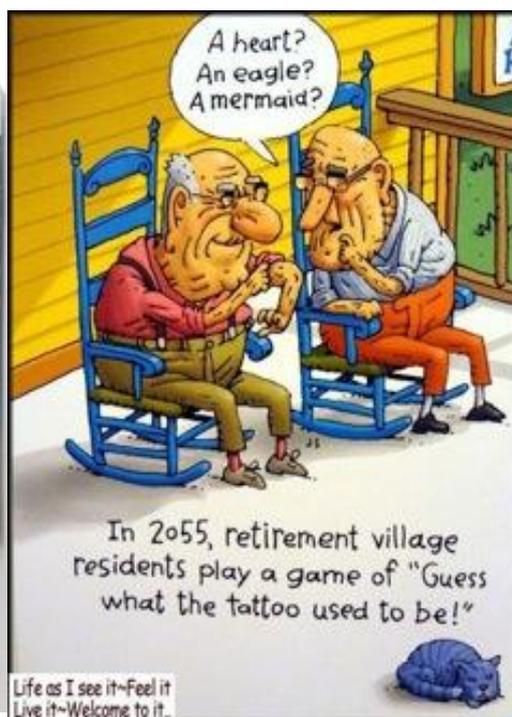


An elderly couple had just learned how to send text messages on their mobile phones. The wife was a romantic type and the husband was more of a no-nonsense guy.

One afternoon the wife went out to meet a friend for coffee. She decided to send her husband a romantic text message and she wrote:

“If you are sleeping, send me your dreams.
If you are laughing, send me your smile.
If you are eating, send me a bite.
If you are drinking, send me a sip.
If you are crying, send me your tears.”

Her husband texted back to her:
“I’m on the toilet. Please advise.”



Rye Bread



Two old friends, one 80 and one 87, were sitting on their usual park bench one morning. The 87 year old had just finished his morning jog and wasn't even short of breath. The 80 year old was amazed at his friend's stamina and asked him what he did to have so much energy. The 87 year old said, "Well, I eat rye bread every day. It keeps your energy level high and you'll have great stamina with the ladies."

So, on the way home the 80 year old stops at the bakery. As he was looking around, the lady asked if he needed any help.

He asked, "do you have any Rye bread?"

She replied, "Yes, there's a whole shelf of it. Would you like some?"

He said, "Yes, I'll take 5 loaves."

She said, "My goodness, 5 loaves ... by the time you get to the 3rd loaf, I must warn you it could be hard."

He replied, "I can't believe it, how come everybody seems to know about this s**t but me?!"



Bacon, Leek and Potato Soup



Try out this delicious Bacon, Leek & Potato Soup.

Perfect for lunch or dinner.

25 grams of butter

3 rashers bacon, chopped

1 onion & couple cloves of garlic

400 grams of leeks, sliced and washed well

3 medium floury potatoes, peeled and diced

6 cups liquid chicken stock

Salt and pepper to taste

1/2 cup of cream (optional)

3 additional rashers bacon, chopped and cooked until crispy

1/4 cup chopped parsley.

Melt the butter in a large heavy based saucepan.

Add bacon and onion and cook for 5 minutes, stirring until the onion softens.

Stir in leeks and potatoes and season with salt and pepper.

Add the chicken stock and bring to boil, then turn down the heat and simmer for 15-20 mins until vegetables are tender.

Puree mixture until smooth.

Return soup to pan, pour in cream and gently reheat, stirring well.

Serve, scattered with crispy bacon and chopped parsley.

Quick & tasty winter meal

Caught em! The construction team having a Barby breakfast before work starts.



Positive Attitude

Late in the night, he finally regained consciousness. He was in the hospital, agonizing in pain. He found himself in the ICU with tubes in his mouth, needles and... IV drips in both arms, a breathing mask, wires monitoring every function, and a nurse hovering over him. He realized that he was obviously in a life-threatening situation.



The nurse gave him a serious, deep look, straight into his eyes, then spoke to him slowly and clearly, enunciating each word and syllable, "You may not feel anything from the waist down."

Somehow he managed to mumble in reply, "Can I feel your boobs, then?"

AND THAT, MY FRIEND, IS A POSITIVE ATTITUDE!

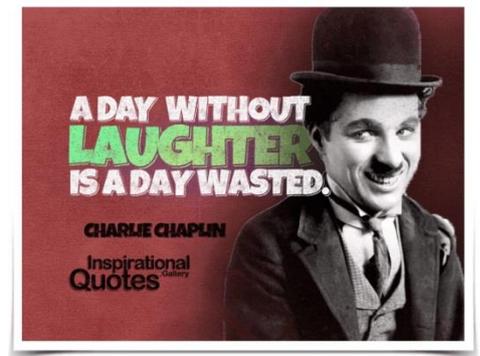
3 minutes of Tripe & Onions

Every Friday at 5.15 pm we will feature on the big screen 3 minutes of song, mirth and absolute nonsense.

Good for a laugh.

Got into trouble with the last issue

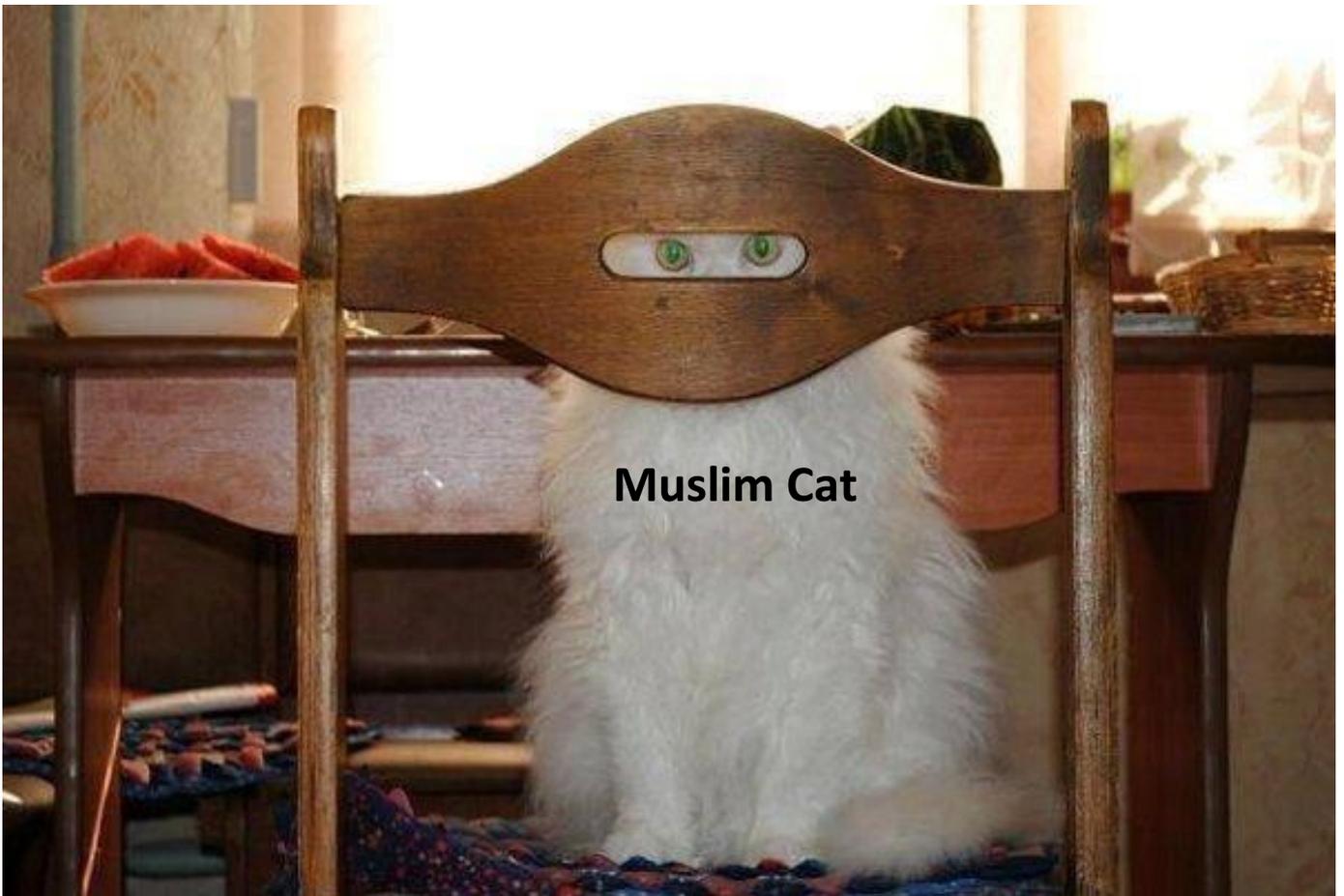
Bev approached me on more than one occasion and said you did not give me a neck in that photo of me dancing.



We've learned

That no matter how serious your life requires you to be, everyone needs a friend to act goofy with and never regret anything that made you smile.

Eunice & Graham



Muslim Cat



A big thank you to all who made our recent overseas cruise possible