

THE FALLS Folkus

THE FALLS LIFESTYLE ESTATE VILLAGE MAGAZINE

MARCH 2019

COFFEE SPECIAL

The Black Stump Cafe review
Arrival of the Falls Estate's
own coffee machine
John's Coffee Mornings

*Autumn
Edition*

THE FALLS ESTATE'S FIRST BURNS' NIGHT

Was a hit! See all the fun inside.

ALL THE
HOLIDAY SEASON
SNAPS

+ Meet our new residents
Library report
Eating out review



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THE FALLS ESTATE
A BEGROUP LIFESTYLE VILLAGE

Editors COMMENTS

Many Autumnal Greetings to you all!

Life at the Falls continues in its busy way – no one can ever say they are bored, with nothing to do! The monthly calendar contains thirty different activities, most of which occur weekly, plus outings, committee meetings, coffee mornings, and more.

The newly named “Bee Hive”, is being put to great use for informal gatherings. The building is now bearing the new café-style ‘blinds’ on two of the walls (see-through), so it will be warmer in the Winter. It is great to have this facility as well as Community Centre.

Don't forget the “Bee Hive” can be booked in advance, if you would like to make use of this space for a private event. Use the book in the Bee Hive to claim your date and time.

All good wishes from your Editors' **Ed, Edd and Eddy.**

Manager's MESSAGE



It's hard to anticipate what Autumn will bring us after such a long hot Summer season. We've tried hard not to complain about the heat and the need to keep our gardens watered in the “Big Dry” – because we know that inevitably we will be feeling cooler temperatures and potentially a lot more water.

The Village gardens remained beautiful over Summer, tended by both residents and staff to keep them at their best – but it certainly took effort.

This edition of The Folkus is as full of activity as ever. This is a Village that is constantly busy.

Our residents need no excuse for a good party or event – and we love that!

We're excited to be building the very last six new homes on our 94 Boundary Rd site later in the year – a number have already sold off the plans because so many people are keen to move here and enjoy the lifestyle you will read about in this magazine. If you'd also like to join us in our lovely Village – just pick up the phone and make a time to come for a personal tour.

Ros Martin
Village Manager

Committee

COMMENTS

Committee Meanderings

Since the New Year there have been a number of Village wide events which many residents have enjoyed. I refer to our Sports Day with sausage sizzle after and Burn's Night which was new to the Village and I know a lot of people wondered what it was going to be about. It was a highly successful night of music, costume and frivolity in best Falls Estate fashion. Many thanks are due here to Lynley Horne who was able to arrange the haggis, a piper and a convincing rendition of "To a Haggis".

Events we are planning for the near future include:

Early March	New Residents' Morning Tea
15 March	Saint Patrick's Night
10 April	Fashion Parade
25 April	Anzac Day



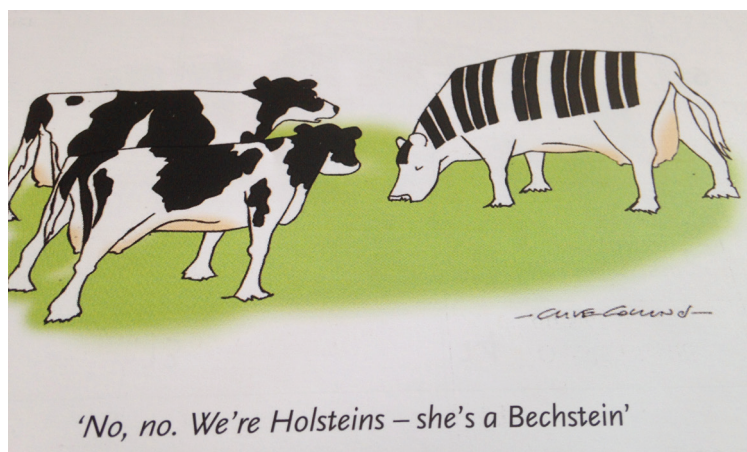
Also in the offing is a Karaoke night to which will be invited some residents of the "Palms Village".

I look forward to your continued support in these events and in our twice weekly Happy Hours which in turn enables your Committee to support you.

Low Holmwood

Chairperson

I used to think
drinking was bad
for me ... so I gave
up thinking.



Out & About IN THE VILLAGE



Bill Magee & Bronwyn Hudson



Celebrating Ank Mellema's long time involvement in coordinating the Craft Room



Daily walk. Clara Franks with Tinka



Scones and coffee in the sun



Pauline van Eybergen and Bronwyn Hudson show a bit of leg!



John Porter and Trevor Prescott play a little country music



Double New Moon



High Tea - fun, food and friendship

Resident PROFILE

KAREN THOMAS – LOOK GOOD FEEL BETTER

Karen Thomas has volunteered for many years with this world-wide charity, which came to New Zealand in 1991.

Look Good Feel Better New Zealand offers free workshops with a focus on problems associated with the visible side effects of cancer treatment, including loss of scalp and facial hair, as well as other skin related issues. \$2.5 million worth of different products is donated from the NZ Cosmetic Toiletry and Fragrance Association.

Anyone who has been diagnosed and undergoing treatment can register to attend a

free class. The time is spent at a class, having massagers pampering them, and enjoying their free personalised box of skin care and makeup. They also connect with people who may be experiencing something similar, away from the world of diagnosis and treatment. The (mostly) women are able to relax, and experience a time of hands-on caring.

If you would like more information, you can contact:

Karen

459 4407 | 027 4505 693



Karen Thomas (second from right) and the Look Good, Feel Better team

"The most memorable people in life will be the friends who loved you even when you weren't that lovable."

Foreign Aid might be defined as a transfer of money from poor people in rich countries to rich people in poor countries.



ROBYN BOSWELL'S Award

For 30 years Robyn's passion has been working as a volunteer with Future Problem Solving (FPS).

In 1989 at the World Conference for Gifted and Talented Children she found out about a programme called "Future Problem Solving Programme International" a programme that runs in 19 countries around the world, which teaches young people to approach situations from different angles, think laterally and critically in order to solve problems. This caught her imagination and for the past 30 years she has been the National Director of Future Problem Solving New Zealand (FPS).

In 2009 she was awarded a QSM for Services to Gifted Education, specifically FPS, a great honour, and last year she was given an award at the 25th FPSNZ National Finals in appreciation of her service "above and beyond". This latest award is precious to Robyn as it was given to her by the students, their teachers and the National Admin Board who understand her passion for the job and the amount of work involved. In the early years it was quite difficult to juggle a full time job, both in teaching and as an advisor in schools with the work involved in her "voluntary" position. Now she's retired she has been able to devote her time to it. She is a member of the International Governing Council in the USA and on two other international committees.



Robyn Boswell and her Award

Robyn was the first teacher in NZ to teach FPS, but through word of mouth it grew quickly around the country and now there are over 2000 students a year involved in New Zealand schools. The programme has four components – Global Issues Problem Solving where students work in teams to solve future-focused global issues on three set topics a year, Community Problem Solving where they choose a problem in their own community and implement an action plan to solve it and Scenario Writing or Performance where students write a futuristic scenario as a short story or tell it orally. The winners (usually about 8 teams from NZ) will go to America to the 'International Future Problem Solving Finals'.

Continued

"Mr. Murphy, I have reviewed this case very carefully" the divorce court judge said, "And I have decided to give your wife €775 a week."

"That's very fair your honor" the husband said, "and every now and then I will try to send her a few quid myself."

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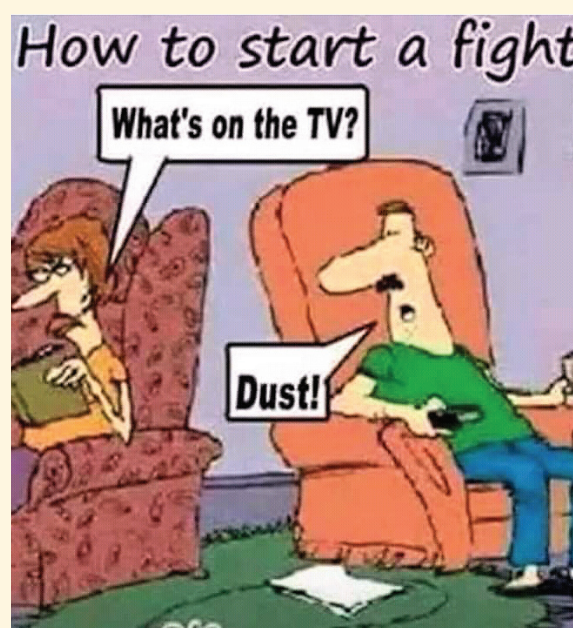
New Zealand teams have had outstanding wins at this event and several Northland schools have won the prestigious International Grand Championship Award for Community Problem Solving. New Zealand has actually had more wins than most other countries in the programme.

Last year's national Community Problem Solving winners included:

- Manurewa High School's team designed lockers to be made for homeless people so they could store their meagre belongings safely.
- Francis Douglas Memorial College in New Plymouth had a school farm which wasn't used, so they planted an orchard for free fruit for the community.
- Kerikeri High School – the team discovered how to clear "Wandering Jew" from the river-banks and local community by using a beetle from South America which kills off the invasive plant.
- Another Kerikeri team from Kerikeri Primary were Junior Grand Champions a few years back when they lobbied the Council to develop the Kerikeri bypass and save the Stone Store.

Learning to solve problems in this competitive and creative way can be applied to real life situations as students progress through life. Just a few of the successful New Zealand students Robyn has mentored over the years include a CEO of 2 companies in Australia, a lawyer now working for a high-powered legal firm in London, a lawyer for Mercedes in Melbourne who is a member of the National Admin Board and an ex-student who works for Microsoft in Seattle and another who leads winter camel expeditions through Magnolia. They all say that FPS still plays a major part in how they live and work day to day.

For the rich
there's **therapy**...
for the rest of us
there's **chocolate**



Pumpkin GROWERS

A team of gardeners, Ray Yendell, Arthur Hori and Kevin Kelly, cleared a large patch of land behind the Village in the field earmarked for the Care Centre.

They started by clearing an area in late October last year and when they had removed as much kikuyu as they could they planted pumpkins and corn.

In order to water their plants a hose was run from the side of the Village to their patch.

The guys worked really hard in the hot Summer weather and the results by the end of January were pretty impressive.

When Ray went to collect the best and largest ones to put on our little vegetable stall outside the Community Centre, he was devastated to find half of their crop had been stolen.

The thieves must have come in under the cover of darkness because nobody on the Village side of the fence saw anyone lurking around.

Ray then decided to take the remaining pumpkins back to the men's shed and placed them under one of the benches. From there they went to the vegetable stall where residents finally got to sample the fruits of months of labour.



Village gardeners Sam and Chris discuss just how big the pumpkins will get



Pumpkins Growing!



Ray Yendell hard at work



Arthur Hori & Ray Yendell



Jocelyn Allen explains the workings of a worm farm



Kevin Kelly, Ray Yendell & Norm Thomas listening to Jocelyn Allen

Worm FARM MANAGEMENT

We recently met in the Bee Hive for a seminar on Worm Farms. When we arrived there was a stack of four black plastic boxes, one on top of the other.

Inside the top boxes were scraps of food. The bases of these boxes were drilled with holes. The bottom box was used for collecting the liquid

and it had a small tap attached for draining the liquid when needed.

We learned that you need to keep the food scraps small and a bit moist and the tiger worms, keep munching... (you can hear them if you listen really hard!) Honest.

No onions and garlic though, the worms don't like them.

Soon the casts left can be used as a garden fertiliser and the liquid, known as juice, can be drained, and diluted before it can then be sprayed on plants.

There's not a lot of work involved in running a worm farm, just a bit of time - but look what a great product your scraps of food produce.

Compost Donation



Ray Yendell, Arthur Hori, Don Johnson and Kevin Kelly with compost donated to the Village by Fonterra.



What a pile of...! Peter Le Clerc, Ros Martin, Ray Yendell, Don Johnson, Arthur Hori and Kevin Kelly admire the mountain of compost donated to the Village by Fonterra.

Party Time

IN THE VILLAGE

The residents of the Falls Estate really know how to enjoy themselves! Over the Christmas and New Year period, it seemed like the parties and events were non-stop. Here's a bit of the action that took place.



Mavis Pye & Eila Grant



Members of the Choir - ready to sing



June Douglas & Gerald Batchelor





Joan Froggatt



Doug Healey conducts the Village choir



Dorothy Riddler & Laurie Ross



Betty Cunningham & Barbara Allan



Ladies Bowling Group



Sheila Beaton, Margaret Walker & Reen Balderston



Robyn Boswell, Anne & Don Edge



Jeanette & Dave Firman & Lew Holmwood



Sheila & Len Beaton, Bette & John Harrison



Ailsa Tiplady, Eila Grant & Eunice Fitness



Barry & Jillian Comer



Raewyn Bennett & Kathy Hay



Master of Ceremonies -
Graham Tiplady



Brian Kenyon, Pauline van Eybergen & Gail Martin



Libby & Eddie Townsend, Dave & Jeanette Firman



Colleen Wech &
Gwendoline Needham

NEW YEARS EVE!

A good crowd gathered over at the Centre to welcome in the New Year, bringing along their nibbles and refreshments. Thanks to Graham Tiplady for organising the evening, via Mr Chairman. An evening of great old music hits shown up on the screen giving this real happy party atmosphere. Graham had catered for everyone. Those that usually

hit the pillow long before midnight were farewelled with the strains of "Auld Land Syne" and as the night wore on "Auld Lang Syne" was played a couple of times as folk headed to their beds. We danced, we sang and had a great evening celebrating "Out with the Old" and "In with the New".

Eunice Fitness

Library REPORT

LIAR'S CANDLE

by August Thomas

In Ankara, Turkey, an American Embassy party is in progress. Among the hundreds of invited guests is a young, wide-eyed Embassy intern revelling in the experience and in the company of Zac, an Embassy staff member with whom she is smitten. Then a huge explosion brings the party to a horrific end.

So begins the real adventure of Penny Kessler, intern. In hospital, injured and comatose, she becomes the target of seemingly undue attention from the American C.I.A, the Turkish government and terrorists, all of whom appear to want her dead. Penny rapidly becomes less concerned with the politics of all this than with her urge to find Zac whom she is

convinced is in grave danger and must be warned at all cost.

Unwittingly teamed up with a reluctant but competent C.I.A. agent, Connor, she sets out on a chase that takes them across Turkey to the Syrian border and back to Istanbul, hotly pursued by would-be assassins.

The pace of the story is breath-taking and at some point it struck me that this book could become a movie of the James Bond kind. It would need a director with a fondness for exotic settings and for blowing things up, and a young actor capable of doing her own escape-stunts - which are numerous, and doesn't mind looking like the survivor of a train wreck - which is most of the time.

NOLA'S CHARM

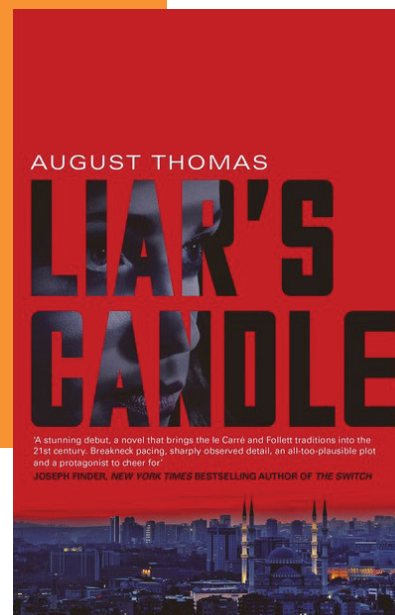
This artefact, photographed near to actual size and colour, is in the possession of Nola Coleman, our librarian. It was purchased in Turkey as a good-luck charm by her late husband Bernard, when, as a young teacher and totally broke, he was teaching his way home

across Europe and the Middle East after his O.E. These glass objects are cheap and widely available in Turkey and come in many sizes, a tiny one of which - a bead on a cord wristband - is important in the plot of "Liar's Candle".

Jean Goodison

"...suspend
your
disbelief
and enjoy
the ride."

Jean Goodison



In the meantime, do get this book; suspend your disbelief and enjoy the ride. The pace is fast, the narrative slick, the coincidences fortuitous and frequent. Nor does it stop until the very last page where the real malefactors are revealed and get their just desserts in an exquisitely contrived resolution.

Our copy of the book reveals nothing of the author August Thomas, except that she has a second Penny Kessler book to be released in 2019. This is good news; Thomas has a rare gift for fast-paced story-telling that has left readers avid for more of her extraordinary talent.



Welcome

TO THE VILLAGE

Doris Smith

Doris moved into Unit D just before Christmas. A Northland girl she moved into the Village from Waiotu near Hukerunui where she and her husband had lived on a farm. Doris did clerical work in Whangarei before, she married. She has two daughters living in Ngunguru and Woolleys Bay with their families.

Doris enjoys reading and thinks our Village library is excellent. She's enjoying the Ladies Bowls and going to Happy Hour.

Mary Mahood



Mary moved into Unit A only a few weeks ago but she has already joined the Tai Chi and Cribbage groups and enjoyed her first visit to Ank's Saturday morning concert.

Mary grew up in Auckland where she worked in cancer research before marrying and moving to Whangarei via Dargaville 58 years ago.

Three of her five children live locally, so helping with the grandchildren is keeping her busy.

Everyone was seated around the table as the food was being served. When Little Johnny received his plate, he started eating straight away.

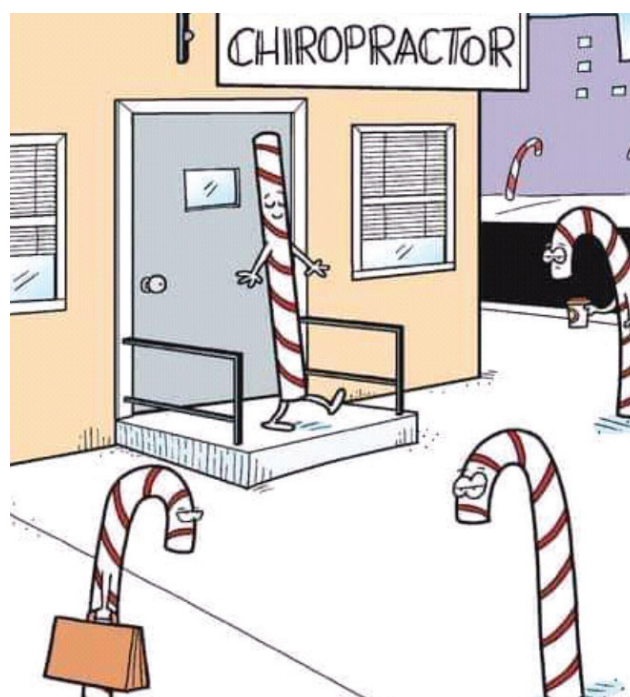
"Johnny, wait until we've said our prayer," his mother reminded him.

"I don't have to." - the little boy replied.

"Of course you do." - his mother insisted.

"We say a prayer before eating at our house."

"That's our house," Johnny explained, "but this is Grandma's house and she knows how to cook."



Burns' NIGHT 2019

A new addition to our events calendar organised by the Residents' Committee, was the introduction of a "Burns' Night". This is the anniversary of the great Scottish poet's birthday, 25th January. In true Scots tradition, the Haggis carried aloft was preceded by glorious music of the bag pipe played with great skill by visitor and local piping legend, James Morris. The Haggis was made by Kathy Tulloch, and the famous Burns' poet, Ode to the Haggis, read in broad

(and largely incomprehensible!) Scottish, by Kathy's husband Rob.

Our lovely restaurateur Rick (of Pure Bar and Grill), kindly cooked tatties and neeps (turnips), to be served with an entrée-size helping of the Haggis. All those who ate this, greatly enjoyed the spicy flavours. Also 'rewarded' for their bravery, with a tot of whisky or rum! The Burns' Night was a great addition to our great variety of annual gatherings.



Reen Balderston & Jeanette Porter



Ode to the Haggis



Sue Otto & Ank Mellema



Reen Balderston,
Gwendolyn Needham
and Doreen Ramsay



Lew Holmwood



James Morris, Fred
Sackfield



Marilyn Williams
checking out what's
under John Porter's kilt!

DAVE FIRMAN'S **Bucket List**

As parents we have spent a great part of our lives looking after and providing for our children. We never really had much time, or the money, to fulfill many of our own dreams, BUT, once the children had left home and gone on their own ways we had more time for ourselves even though we could still be called upon to "babysit" the grandchildren.

What to do with all the spare time we suddenly found to have on our hands? Many years ago I decided to draw up a list (my bucket list) of things that I had always dreamed of doing but never had the time (or finances) to do.

These are the things that were on my bucket list:

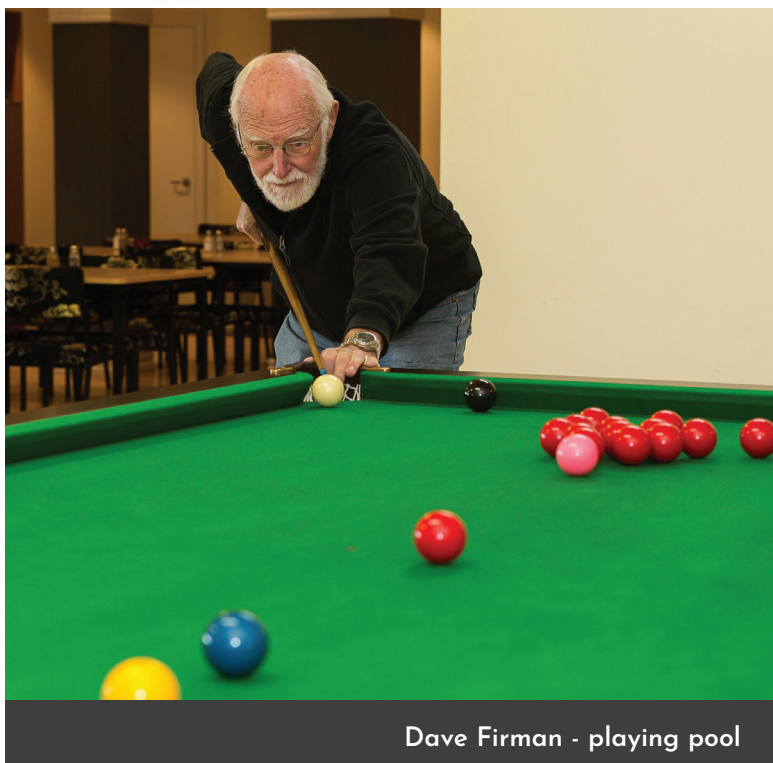
- *Sailing across the water on a large yacht.*
- *Diving in the clear blue waters of the oceans with the fish.*
- *Jumping out of a perfectly good aeroplane.*
- *Drifting silently in the sky like a bird.*

I was able to complete my first dream when we were on holiday at Port Elizabeth on the South African South Coast. Our visit coincided with the arrival of a fleet of yachts participating in a large ocean race. A local yacht owner took a group of us out into the bay under sail and I was fortunate to be asked to take over the wheel on our return trip. I just couldn't believe the power that is generated through that steering mechanism.

Years passed before I was able to fulfill another of my dreams and at the age of 65 I obtained my PADI underwater diving certificate and dived in the beautiful Red Sea off the Egyptian Sinai Coast. It was absolute magic swimming with rays, conger eels and the funny little Nemo Clown fish. The water was warm and clear with over 25m visibility. I was lucky enough to closely watch the deadly Lionfish and the elusive octopus in their natural habitat. Back home in South Africa I later dived at the Aliwal Shoal in Kwazulu Natal to watch the Great White Sharks during breeding season. Despite having been told by the experts that they would not attack me it was still a very nervous dive. The overall experience was made more incredible by the sudden appearance of a huge whale lazily swimming past on its way up the coast.

For my 70th birthday I treated my sons (and myself) to experience a skydive. Wow, what a day. After receiving instructions from our experienced instructors we jumped out of the plane at 10,000 feet for the most heart stopping 35 second free fall experience ever imagined. I jumped in tandem with my "buddy" and after tumbling in the air I eventually relaxed when the canopy opened and was able to enjoy the rest of the descent back to Mother Earth. The big thrill was being able to control the canopy during our decent. How does one explain that silence? It was wonderful to relax and enjoy the slow flight back down to solid ground. It was still a great relief to feel the earth under my feet. We all agreed that Mother Jeanette couldn't just sit and watch from the ground so after some serious cohering we managed to talk her into also completing a tandem jump. Her screams, at 10,000 feet could be clearly heard at ground level but she eventually agreed that it was the experience of a lifetime.

Continued



Dave Firman - playing pool

Continued

In the meantime Jeanette had fulfilled a lifelong dream – to ride an elephant in the African bush. We flew up to the Victoria Falls in Zimbabwe and spent a few days at the Elephant Sanctuary which is situated close by. The thrill of standing close to and patting these massive animals is indescribable. They are so gentle and loved all the affection that they got. Viewing wildlife close up from the height of an elephant's back is a totally different experience.

What next? As a young man working in the photographic industry, I helped edit a movie called "Whispering Wings", a feature about vultures flying in formation with a glider. Since then I have had the desire to fly in a power-free aircraft and enjoy the silence of free flight. For my 80th birthday Jeanette and our children chipped in and arranged for me to complete a glider flight near Auckland. We woke up on the Saturday to severe storms, thunder and high winds – all flights cancelled. The next day we gambled and drove out to the aerodrome to find that the flights were again on. After instructions I climbed into the front seat of the glider and watched as the tow plane pulled us up into the sky. The pilot called for me to pull the lever that detached us from the tow plane and suddenly we were on our own drifting underneath the clouds. Although the visibility was a bit hazy I was able to see as far Rangitoto Island and a huge portion of the Auckland coast line. Russell, the pilot handed over the controls to me and for nearly 10 minutes I drifted the glider around the sky in circles. All good things have to come to an end and we swept back to the airfield to enjoy a soft landing. Another wish fulfilled.

What next? As I get older I have to remember the old bones and not do anything too strenuous.

Dave Firman

January 2019



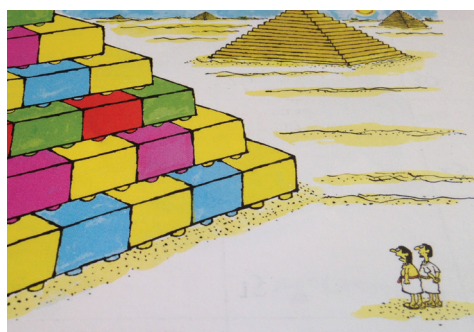
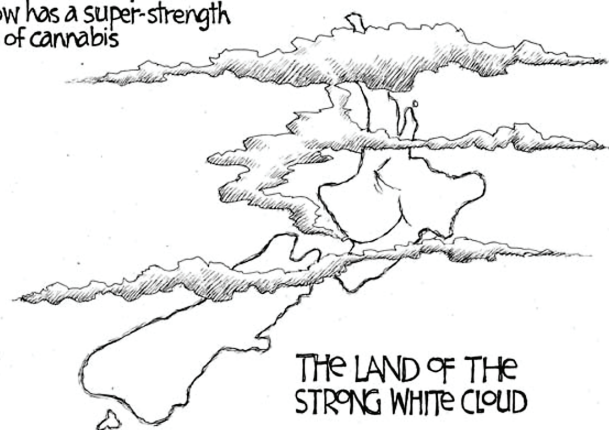
Northpower HELICOPTER

The Northpower Rescue Helicopter was spotted recently searching for the "dreaded weed", checking for any bright green patches of cannabis growing amongst the trees and ground cover.

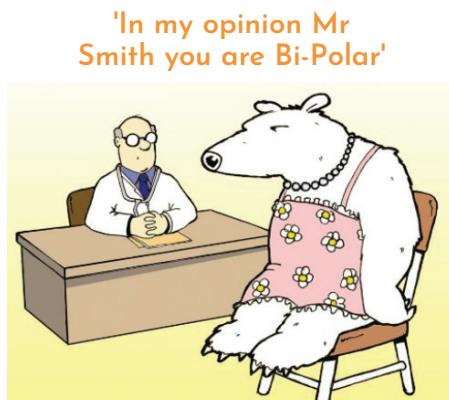
It was early in the evening flying slowly with its wheels down - backward and forward behind the Village and towards the East.

Hopefully they found some to be collected and destroyed during their search.

A secret Police study revealed
NZ now has a super-strength
strain of cannabis



'This one was built by slaves
from Scandinavia'



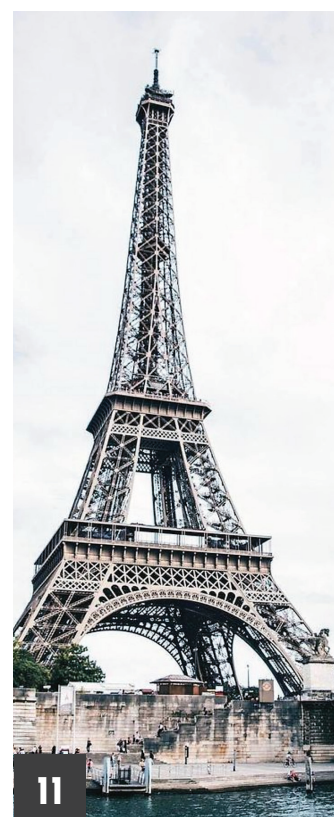
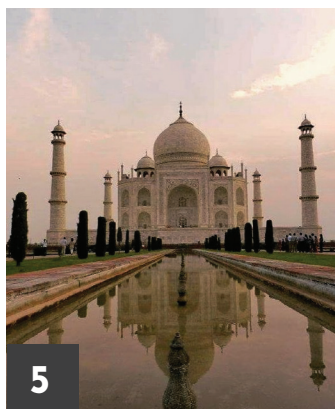
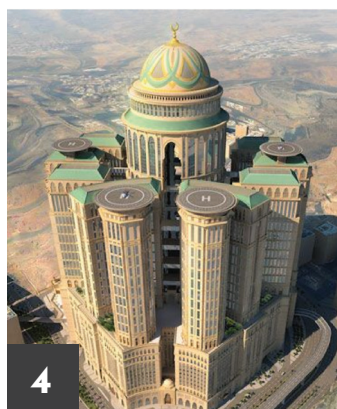
'Have you tried turning it
off and on again?'



Where IN THE WORLD QUIZ



Quiz Answers on p.23!





The Editors and Olive Harris at The Black Stump Cafe

The Black Stump COFFEE SHOP

The Black Stump Coffee Shop was originally the old Huanui fruit and veges shop on the way to Ngunguru, just a short drive from The Falls Village.

Olive Harris has discovered this little 'gem' in Whangarei and goes there at least twice a week where she is made to feel right at home. We joined her there for coffee recently. Descendants of the original Hutchinson family who settled in the area are still around. They cleared the land of all the volcanic rocks, planting orchards in the fertile soil and recycling the rocks into miles of dry-stone walls in the area. Old Mr Hutchinson who sold land to the new owners visits the café daily for his coffee – what better advert!

We met the new café owner, Liese, whose idea of a tiny take-away coffee stop has mushroomed into a newly designed shop with the addition of a delightful, modern, rustic-style café. Her enthusiasm and bright smile, together with the friendly staff light up the equally welcoming interior. The food is attractively presented from home-made pies, deliciously different sandwiches, the freshest looking choice of salads and mouth-watering cakes featuring a muffin of the day. Vegetarian and gluten-free diets are catered for and the coffee is GOOD. The emphasis is on the natural and recyclable (even the sandwiches are tied up with string); food is served in cardboard or paper containers, with disposable cups and wooden cutlery. We weren't put off by this – it all adds to the charm and is something we must start to get used to.

The only plastics seemed to be the drinks from the fridges and the shopping bags for the groceries and their days are numbered. On the walls around the

shop itself are photos of the fruit-growing history of the surrounding area. Fruit and vegetables are still displayed as in the old days, are very fresh and mostly spray-free. The eggs are free-range (and delightfully displayed). Shelves are lined with Black Stump's own sauces, pickles and preserves along with many other appetising and natural products. This must be a one-stop shop for the many tourists, passing through the area to holidays on the coast, to stop for coffee as they stock up on groceries for their holiday. Locals can pick up goods on their way home from work in town. Day-trippers will find this a pleasant place to stop for coffee, learn the history of the area, shop for the fresh produce and be tempted by the many bottles, jars and packets on the shelves. We certainly plan to go again.

Ed, Edd & Eddy



The Counter at The Black Stump Cafe



Trudy McKNIGHT



Trudy McKnight has recently moved to The Falls Estate and this is her story of a recent trip to tramp on Great Barrier Island.

It is said that travel broadens the mind. In my case this is so true. In fulfilling my 'bucket list' I have travelled and experienced 'life' in many different parts of the world and doing all kinds of fascinating and rewarding work. (Stories for another time perhaps?).

My latest trip - exploring, mostly on foot, was to Great Barrier Island. Te Motu o Aotea is the Māori name and is only a half hour flight from Auckland and only eight kilometres from the Coromandel Peninsula. The Department of Conservation need to be acknowledged for the great walking tracks all over the Island, a huge variety,

to suit all levels of fitness, plus overnight huts. A warning though - it is very hilly.

Great Barrier is so different to the 'mainland', as the locals refer to the North Island. They have to be admired - coping with what we take so much for granted. Living 'off the grid', each household independently arranges their own power - generator, gas, windmill, solar panels, candles, and also water supply. There is limited health care, no hospital. All supplies are ordered and delivered from the 'mainland'. Locals and restaurants do have extensive vegetable and herb gardens.

Great Barrier is believed to have been settled by Māori in the thirteenth century, although dates of early settlement do differ. In the late sixteenth century many battles between

lwi took place with tribes crossing the water from Auckland and Coromandel. The first pakeha settlers set about to change the environment, through introduced pests - rats, stoats, cats. It is estimated there are seven thousand wild cats on the island. Remarkable is the fact that there have never been any possums on Great Barrier.

The milling of kauri changed the landscape. Giant kauri dams were built up in the hills. These huge dams released the kauri logs that hurtled down rivers, destroying the river banks, altering river flows as well as the bays and beaches. The logs were a valuable commodity and shipped to Auckland, as was manuka used for firewood. Mining for copper, silver, was trialled but was unsuccessful. Today the Island

is mostly covered in secondary scrub and bush. What was previously about thirty farms have reverted back to bush.

Numerous shipwrecks are recorded on the coast. The largest being the Wairarapa where 121 people lost their lives. It was four days before Auckland was aware of the sinking and Pigeon Post resulted from this tragedy. Messages were tied to the legs of pigeons flying between Auckland and GBI.

The 700 permanent residents all know each other, houses and vehicles are left unlocked. Art galleries are scattered over the Island and some are left open with no one in sight. One policeman is on the Island and if anything is stolen he just sits and waits at the wharf for the stolen goods to appear when they are taken to the 'mainland'

There is now a doctor on the Island, but before this nurses coped with all medical issues. Two of these nurses still reside on the Island and a recently published book records their experiences. (This book is in our library).

A documentary was filmed for Māori Television, 'Living off the Grid' and will be shown about March.

Trudy McKnight

Book: 'Island Nurses - stories of birth, life and death on remote Great Barrier Island' by Leonie Howie and Adele Robertson.



Climbing to the highest point on Great Barrier Island - Mount Hobson. (estimated 2,000 steps)



The Crew

John's

COFFEE MORNING

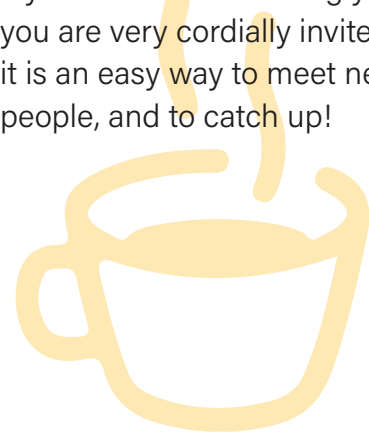
Shortly after John and Jeanette Porter arrived in the Village, John was elected to the Committee. He owned and ran a hotel in England for some years, and thought a coffee morning could be a pleasant reason for people to gather a couple of times a month. It was named after him, as no one could think of anything else!

The Coffee Morning has been most popular. It is held on the

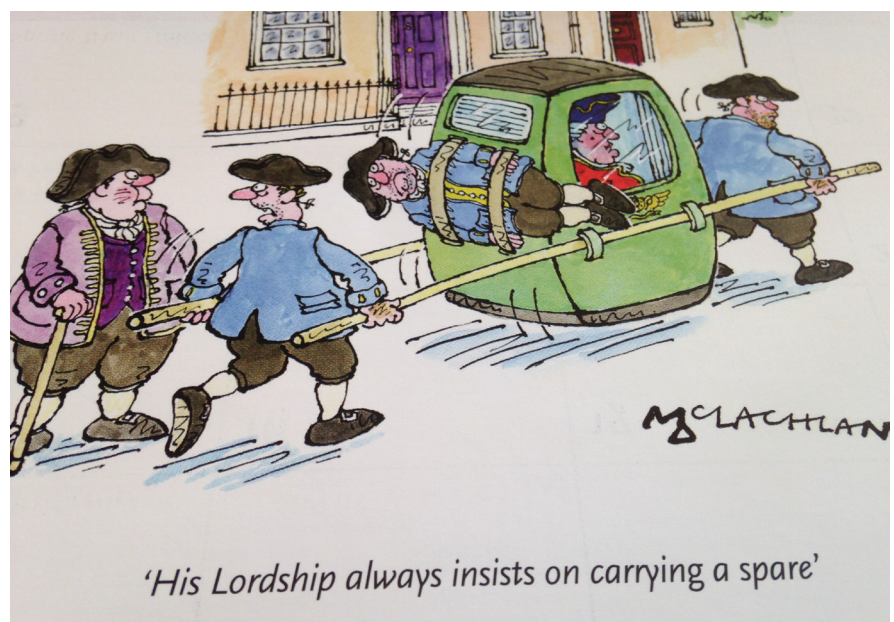
second and fourth Saturdays at 10 am – biscuits and coffee/tea provided free. Also, once a month, is a time to scour your cupboards, and find that item that you now realise you don't want any more i.e. Trash and Treasure. On the fourth Saturday of the month, tables are set up for people to place their no-longer-wanted 'stuff'. It is a pay-what-you-think-it-is-worth system. Any articles that do not sell, are donated to the

Hospice Shop in Whangarei. Betty and Peter Harding are facilitators for this feature.

If you haven't been along yet, you are very cordially invited – it is an easy way to meet new people, and to catch up!



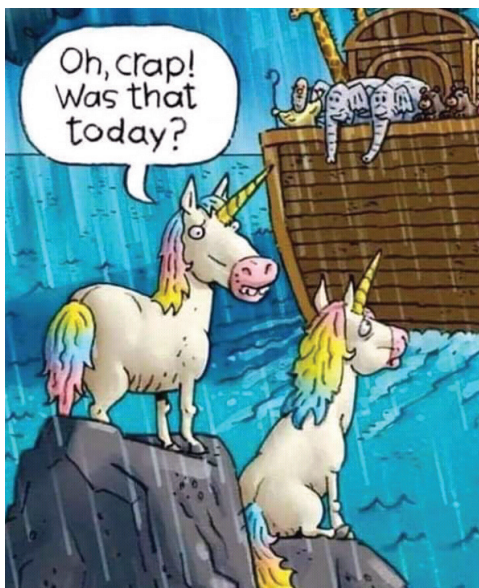
It's scary when you start making the same noises as your coffee maker



WHERE IN THE WORLD QUIZ ANSWERS:

- | | |
|-----------------------------------|---------------------------------|
| 1. Westminster Abbey | 7. Temple, Delhi |
| 2. Louvre Museum, Paris | 8. Chichen Itza, Mexico |
| 3. Mount Rushmore, South Dakota | 9. Coliseum, Rome |
| 4. Hotel, Dubai | 10. The Gherkin, City of London |
| 5. Taj Mahal, Agra | 11. Eiffel Tower, Paris |
| 6. Alcatraz Prison, San Francisco | |

Once you lick the frosting off a cupcake it becomes a muffin ... and muffins are **healthy**



Coffee CORNER

The arrival of the top-of-the-range coffee making machine in the Community Centre is proving extremely popular. For one dollar (not a typo), you choose from 8 different options,

i.e. flat white, long black, cappuccino, and including chocolate or plain hot milk. The milk is the real McCoy – not powdered, and real milk is added to the jug in the

accompanying tiny refrigerator. If you haven't tried it, do come and join the other coffee aficionados, It is a fun place to relax and have a chat too!



Lesley Kelly and Sue Otto enjoy a coffee together

Snapped!



Pat May, Joan Frogatt, Nola Coleman (obsured) & Kathy Hay



Bronwyn Hudson
in the library



Betty Cunningham
& Reen Balderston
collecting mail



Allie Quinn in her
front garden



Summer fruit - still life



Village Sports Day



Stage 2 street party in full swing



Betty Harding with over
100 tiny garments for
the neo-natal unit



Bob da Builder

Reporter interviewing a 104 year old woman:

"And what do you think is the best thing about being 104?" the reporter asked. She simply replied, "No peer pressure."

Any comments & feedback are welcome!
Send them to the editors:
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